



No.SMG-1/2013-RDD (NBA)-  
Government of Himachal Pradesh  
Rural Development Department

From

The Pr. Secretary (RD)  
to the Govt. of Himachal Pradesh.

To

All the Project Directors (DRDAs),  
in Himachal Pradesh.

Dated: Shimla-9 <sup>24</sup> December, 2013

Subject:

Modification in Nirmal Bharat Abhiyan (NBA) Guidelines including activities related to Menstrual Hygiene Management (MHM) as a permissible activity.

Sir/Madam,

On the subject mentioned above, please find enclosed herewith a copy of Office Memorandum No. W.11013/16/2013-NBA (Part)) dated 10.12.2013 received from the Joint Secretary (Sanitation), Ministry of Drinking Water & Sanitation, Govt. of India for information and further necessary action.

Encl. As above

Yours faithfully,

  
Deputy Secretary (RD)  
to the Govt. of Himachal Pradesh.

Copy to:

All the Deputy Directors cum-POs (DRDAs) in Himachal Pradesh for necessary action.

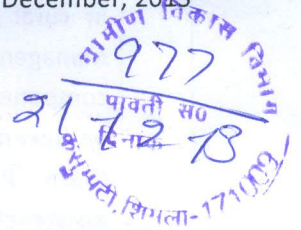
  
Deputy Secretary (RD)  
to the Govt. of Himachal Pradesh.

No W.11013/16/2013-NBA (Part)  
Government of India  
Ministry of Drinking Water and Sanitation  
NBA Division

12<sup>th</sup> Floor, Paryavaran Bhawan,  
CGO Complex, Lodhi Road,  
New Delhi – 110003

Date: 10<sup>th</sup> December, 2013

OFFICE MEMORANDUM



**Subject:** Modification in Nirmal Bharat Abhiya (NBA) Guidelines including activities related to Menstrual Hygiene Management (MHM) as a permissible activity.

19/12/2013  
58 (20)

The Nirmal Bharat Abhiyan (NBA) Guidelines are hereby modified so as to include provision of activities related Menstrual Hygiene Management (MHM). Paragraphs 5.2.2 and 5.9.1 have been amended and new Paragraph 5.2.9 added to the Guidelines as described below:

Sl. No.	Existing Provisions in NBA guidelines	Modified Provisions in NBA guidelines (modifications shown in Bold and Underlined)
1	Para 5.2.2 A National communication strategy frame work has been developed by Government of India giving emphasis on Inter Personal Communication (IPC) at the grassroots level. The states are to evolve their own strategy using folk media, mass media and also outdoor media like wall painting, hoarding etc. The IEC should focus on health and hygiene practices and environmental sanitation aspects.	Para 5.2.2 A National communication strategy frame work has been developed by Government of India giving emphasis on Inter Personal Communication (IPC) at the grassroots level. The states are to evolve their own strategy using folk media, mass media and also outdoor media like wall painting, hoarding etc. The IEC should focus on health and hygiene practices <b><u>such as washing hands with soap and water at critical times, proper menstrual hygiene</u></b> and environmental sanitation aspects.
2	Para 5.2.9 New para to be added	<b><u>Para 5.2.9</u></b> <b><u>Girls and women have hygiene and sanitation needs linked to their menstrual cycle. Funds available for IEC may be used to raise awareness information and skills on menstrual hygiene</u></b>

AS (ORD)  
20/12/2013  
PD (NBA)  
20/12/13

